
EQUIPMENT – AMERICAN DILATORS CLEANING AND DISINFECTING INSTRUCTIONS

PURPOSE

To assure that dilators are cleaned and disinfected to reduce the risk of nosocomial infection.

POLICY

1. Personal protective equipment including gown, gloves, eyewear and mask are worn.
2. Immediately after use, submerge the dilator in cool water.
3. Flush dilator with klenzyme solution.
4. Clean any gross soil from the outside of the dilator with klenzyme solution.
5. Flush and rinse dilator with water. (Remove excess water)
6. Place dilator into Cidex or OPA according to manufacturer's instructions, flush and immerse.

See the ACD Procedure Policy Manual, Policy C-08-PRO, Cidex (Gluteraldehyde) High Level Disinfectant Used for Instruments. See the soak times below:

<i>Cidex 2.4%</i>	<i>45 minutes</i>
<i>Cidex Plus 3.4%</i>	<i>20 minutes</i>
<i>Cidex OPA</i>	<i>12 minutes</i>

7. After submersion in Cidex:
 - A. Remove from Cidex container.
 - B. Place in pan, and rinse thoroughly with sterile water three times.
 - C. Before storage, remove excess water.
 - D. Place dilator into storage case.
8. Document the following in the log book:
 - A. solution efficacy
 - B. test strip
 - C. soak time
 - D. initials of the person who soaked the instrument